



Call for non-professional performers from Berlin!

Organiser: Tanz im August / HAU Hebbel am Ufer
www.tanzimaugust.de

We are looking for a group of **dance-enthusiastic participants aged 40 to 65** who are **perceived as women, identify as women** and/or are **currently experiencing menopause**.

“When the Bleeding Stops” by the dancer and choreographer **Lovísa Ósk Gunnarsdóttir** explores the silence and taboos surrounding menopause, as well as **personal experiences of aging**.

The performance opens a world of **vulnerability, shame, empathy, and humor**. It offers intimate insights into the lives of people and explores the many layers of female experiences related to menopause. **“When the Bleeding Stops” is a celebration of life in all its phases**.

No previous dance or stage experience is required. The **project language is English**, but **all available translation tools** may be used for written communication (such as personal E-Mail-exchanges with the choreographer). If you require additional support in terms of accessibility, please don't hesitate to reach out via the email address below.

The project will start **in the second half of June** with a personal E-Mail-exchange with the choreographer and the **creation of short dance videos** filmed at home (e.g. in your living room). At the end of the process, **selected parts of**

the videos – in consultation with the participants – will be integrated into the stage performance.

As part of the public performances in Berlin at **HAU1**, participants will be invited to **become part of the performance and dance live on stage.**

The preparation process will conclude with a **free one-day workshop on** Thursday, 21 August 2025 (afternoon) at HAU Hebbel am Ufer in Berlin-Kreuzberg. This usually does not require language. If language is used, **all available translation tools** can be used here as well. **Whispered translations are also possible** if necessary.

Run-throughs/rehearsals will take place on 22 August during the day before the first performance at HAU1.

The **three public performances** will take place **from 22 to 24 August (evenings)** as part of the **Tanz im August** festival at **HAU1**.

Availability for the workshop, rehearsals, and all performances is required. A **lump sum** expense allowance will be provided for participation in the project. Participants will also receive **2 complimentary tickets** to invite friends and/or family.

If you would like to take part, please **register by 19 June via E-Mail** to the following address. **The number of spots is limited;** if more people apply than can be accommodated, the choreographer will make a selection together with the festival team. Therefore, **please include 2–3 sentences in your application** describing your **motivation for participating** in the project.

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