

# TANZ IM AUGUST

**Welcome-Guide**

# ***Your Guide to Berlin***

*The Tanz im August team has compiled a small list of useful things to know, interesting places to visit and nice restaurants and bars. It is by no means a complete guide to Berlin but a small selection of the things we thought you might need during your stay! An expanded Welcome-Guide is available as a digital map. The Link can be found on our website.*

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# Useful Numbers

**International prefix for Germany** 0049 (0) -

**Prefix Berlin** 030 -

**Police** 110

**Emergency Call** (Fire brigade and ambulance) 112

**Medical Emergency Service** + 49 (0)30 310031

**Dental Emergency Service** + 49 (0)30 89004333

## Pharmacies

Information on after-hours-services

+ 49 (0)30 310031 or 0800 00 22 8 33 (if you're calling from a landline)

## Taxis

Call + 49 (0)30 2623147 for taxis in Kreuzberg. You can easily hail cabs on the street. If you stop a cab and say "Kurzstrecke", it'll drive 2 kilometres for 5 Euro.

**Taxi Berlin international** + 49 (0)30 20 20 21 220

## Berlin Airports

Tegel (TXL), Schönefeld (SXF) 0180 5000186

**Train Schedule Information** 11861 or 0800 150 70 90

## Telephone Book

Germany 11833 (11837 for English-speaking operators)

International 11834

**Tourist Information** + 49 (0)30 25 00 23 33

**Lost and found** + 49 (0)30 90277 3101

# Medical Support

## General Practitioner

Cord-Hinnerk Delventhal

Wiener Str.16, 10999 Berlin-Kreuzberg →U1 Görlitzer Bahnhof

Tel + 49 (0)30 612 51 08

## Physiotherapist & Osteopath

Christiane Johann

Pariser Str. 61, 10719 Berlin-Wilmersdorf →U3/9 Spicherstraße

Tel + 49 (0)30 88 71 66 71

## Physiotherapist

Annette Langner

Solmsstr. 8, 10961 Berlin-Kreuzberg →U7 Gneisenaustraße, U1/3/6 Hallesches Tor

Tel + 49 (0)30 692 33 30 *alternative physiotherapy and Shiatsu*

## Physiotherapist & GYROTONIC

Melanie Bruse

Pfalzburger Str. 87, 10719 Berlin → U1 Uhlandstraße

Tel +49 (0) 163 9891189

## Chiropractor & Osteopath

Jane A. Richter

Urbanstr 130, 10967 Berlin-Kreuzberg →U8 Schönleinstraße, U7 Südsterne

Tel + 49 (0)30 70 716 191

## Osteopath

Osteopathie am Alexanderplatz – Naturheilpraxis Wolf Lenkeit

Panoramastr 1, 10178 Berlin →U2 Alexanderplatz

Tel + 49 (0)30 280 99 330

## Orthopedist

Dr. Karl, Dr. Hoffmann

Axel-Springer-Passage, Markgrafenstr. 20, 10969 Berlin-Mitte,

→U6 Kochstraße, U2 Stadtmitte/Spittelmarkt

Tel + 49 (0)30 251 07 77

## **Dentist**

Josefine Hausl & Matthias Exner

Großbeerenstr. 82 A, 10963 Berlin-Kreuzberg →U1/3/7 Möckernbrücke,  
U1/3/6 Hallesches Tor

Tel + 49 (0)30 251 30 37

*You will find all sorts of doctors in the medical centres listed below:*

## **Gesundheitszentrum Bergmannstraße**

Bergmannstr. 5

10961 Berlin →U7 Gneisenaustraße, U6 Platz der Luftbrücke

## **Ärztzentrum Axel-Springer-Passage**

Markgrafenstr. 20 (at the corner of Kochstr.)

10969 Berlin-Mitte →U6 Kochstraße, U2 Stadtmitte, Spittelmarkt

## **Pharmacies**

*For emergencies you can check on [www.aponet.de](http://www.aponet.de) which pharmacy is open.*

*Pharmacies close to HAU:*

### **Zieten Apotheke**

Großbeerenstr. 11

Mon–Fri 8am–6.30pm, Sat 9am–2pm

### **Apotheke zum Goldenen Einhorn**

Gneisenaustr. 92

Mon–Fri 8.30am–7.30pm, Sat 9.30am–2pm

# Getting Around

## Public transports (BVG)

Info-Hotline + 49 (0)3 19 449

*Virtually every corner of the city is accessible by U-Bahn (underground system), S-Bahn (local train network), tramway or bus. You can find the quickest way to get from A to B on the website of the local public transports company BVG: go to [www.bvg.de](http://www.bvg.de), click on "Fahrplanauskunft" and enter your starting point and your destination.*

*Berlin is divided into three price zones: A, B, C. Unless you need to go to the very outskirts of town, you will only need a ticket for zone AB. For every ticket there's a reduced price category, which only applies to children between the age of 6 and 14. Tickets can be purchased at ticket offices, from automatic dispensers or from bus drivers. Please note that tickets must be validated by automatic ticket stampers located on train platforms, in buses and tramways.*

*Below is a list of tickets allowing you to travel on buses, trams, and by U/S-Bahn, for the zone AB:*

**Short trip ticket (a "Kurzstrecke")** allows you to travel a distance of maximum 3 U/S-Bahn stops or 6 bus stops: 1,70 Euro

**Single ticket** 2,80 Euro

**Daily pass** 7 Euro

**7 day travel card** 30 Euro

**Monthly travel card** 81 Euro

*WelcomeCard or CityTourCard entitles you to travel on buses, tramways and by U/S-Bahn for 48 or 72 hours, or for 5 days. The prices vary depending on the extra-services you might book. One adult and three children up to the age of 14 can travel with one ticket and get concessions on various tickets for museums, the zoo, etc.*

## Rent a bike

*Berlin is a great city to cycle around, and your bike is often the quickest way to get from A to B. Like in London or Paris you can "rent" a bike and return it to another station after having reached your destination. This service is offered by different providers, i.e. LIDL-Bike, Nextbike or Donkey Republic. A smartphone is required.*

### **Wicked Wheels**

Großbeerenstr. 53, 10965 Berlin →U6/7 Mehringdamm  
Mon–Fri 10am–6pm, Sat 10am–2pm  
From 10 Euro

### **Rent a bike**

Skalitzer Str. 82, 10997 Berlin →U2 Schlesisches Tor  
Mon–Sat 11am–6pm  
From 8 Euro

### **M'eierrad Fahrradladen**

Blücherstr. 20, 10961 Berlin →U7 Gneisenaustraße, U1 Hallesches Tor  
Mon–Fri 8am–8pm, Sat 10am–4pm; Tel + 49 (0)30 74073833  
From 5 Euro

## **City tours**

### **By bus**

*Many operators offer guided tours, tickets cost between 15 Euro and 30 Euro for a hop-on-hop-off tour. Departure points: Alexanderplatz (in front of the Hotel Park Inn), Wittenbergplatz (in front of the large department store KaDeWe) and many others all over town.*

*Bus 100 and Bus 200 (Prenzlauer Berg - Zoologischer Garten)*

*A cheaper alternative to city tours. You get a good overview of the city's most interesting sites and buildings. These are public transports routes and you can get on and off wherever you want. Number 100 goes through the big park Tiergarten, while bus number 200 takes a southern route.*

### **By boat**

*Boats sail from various piers: Jannowitzbrücke, Schloßbrücke Dom / Museumsinsel, Friedrichstr / Weidendammer Brücke, Hansabrücke, Haus der Kulturen der Welt, Schloßbrücke, Bonhoefferufer, Charlottenburger Ufer*

### **By foot**

*There are several tours offered by Berlin experts who take you on a walk around Berlin's alleyways and secret spots. You can have a look at tours online, for example on <http://www.berlinwalks.com/> or <http://www.insidertour.com/>.*

# Food and Drinks

## *Restaurants in Kreuzberg (area HAU / Festival Center)*

### **Osteria No.1**

Kreuzbergstr. 71, 10965 Berlin →U6/U7 Mehringdamm

Daily from 12am, Tel + 49 (0)30 577 92 999

(7,50–15,50 Euro)

*Courtyard garden*

### **Solar Sky**

Stresemannstr. 76, 10963 Berlin →S1/25/2 Anhalter Bahnhof

Daily from 6pm, Tel + 49 (0)163 765 2700

*great roof terrace, Italian cooking*

### **Good Morning Vietnam**

Bergmannstr. 102 (*courtyard*), 10961 Berlin →U6/7 Mehringdamm

Daily 12pm–12am, Tel + 49 (0)30 62901377

*Excellent Vietnamese cuisine*

### **Sumo**

Bergmannstr. 89, 10961 Berlin →U7 Gneisenaustraße

Tel + 49 (0)30 69 00 49 63

(6,50–10,50 Euro)

*Great Japanese sushi*

### **Thymian**

Bergmannstr. 9, 10961 Berlin →U7 Gneisenaustraße

Daily 1 am–12pm, Tel + 49 (0)30 694 98 69

(5–9 Euro)

*Exquisite vegetarian and fish cuisine*

### **Kreuzberger Himmel**

Yorckstraße 89, 10965 Berlin →U7 Gneisenaustraße

Tue–Fr 17am–12pm, Sat+Sun, 10am–12pm

Tel + 49 (0)171 7858939

(10–10 Euro)

*Authentic syrian cuisine*



## **Restaurants in Mitte**

*(area Sophiensæle, Volksbühne, Deutsches Theater & St. Elisabeth-Kirche)*

### **Barcomi's**

Sophienstr. 217, 10178 Berlin →U8 Weinmeisterstraße

Mon–Sat 8am–9pm, Sun 9am–9pm, Tel + 49 (0)30 400 41 787

### **Mädchenitaliener**

Alte Schönhauserstr. 12, 10119 Berlin →U8 Weinmeisterstraße

Mon–Sat from 12pm–12am

### **Dolores**

Rosa-Luxemburg-Straße 7, 10178 Berlin →U5/8/2, S5/7/75 Alexanderplatz

Mon–Sat 11:30am–10pm, Sun 1pm–10pm

*Burritos / Mexican Cooking*, Tel + 49 (0)30 280 99 597

## **Restaurants in Neukölln (area KINDL)**

### **21 gramm**

Hermannstr. 179, 12049 Berlin → U8 Leinestraße

Tu–Sun 10am–10pm, Tel +49 (0)30 76 79 58 10

*Café*

### **W Pizza**

Fuldastr. 31, 12045 Berlin → U7/U8 Hermannplatz

Mon–Fri 6pm–10pm, Sat–Sun 5pm–10pm

*Pizza*

### **To's**

Weichselstr. 54, 12045 Berlin → U7/U8 Hermannplatz

Daily from 6pm–12am, Tel +49 (0)152 16 66 70 22

*Japanese food*

### **Men Men**

Weserstr. 16, 12047 Berlin → U7/U8 Hermannplatz

Sun–Thu 12am–10.30pm, Fri–Sat 12am–11.30pm, Tel +49 (0)30 747 86 199

*Ramen House*

## **Alassil**

Flughafenstr. 13, 12053 Berlin → U7 Rathaus Neukölln

Sun–Thu 10am–12am, Fri–Sat 10am–2am, Tel +49 (0)30 650 07 442

*Lebanese food*

## **Bars in Kreuzberg**

*(area HAU / Festivalcenter, Radialsystem)*

### **Würgeengel**

Dresdener Str. 122, 10999 Berlin → U8 Moritzplatz

Daily from 7pm

### **Bohngold**

Reichenberg Str. 153, 10999 Berlin → U1/U3/U8 Kottbusser Tor

Tue–Sat 6pm–6am

*Bar and Club*

## **Bars in Mitte**

*(area Sophiensæle, Volksbühne, Deutsches Theater, St. Elisabeth-Kirche)*

### **Bar 3**

Weydingerstraße 20, 10178 Berlin → U2 Rosa-Luxemburg Platz

Tue–Sat from 9pm

### **Mein Haus am See**

Brunnenstr. 197, 10119 Berlin → U8 Rosenthaler Platz

open 24/7, Fri+Sat with DJs

## **Bars in Neukölln** *(area KINDL)*

### **Nathanja & Heinrich**

Weichselstr. 44, 12045 Berlin → U7/U8 Hermannplatz

Mon–Fri from 3pm, Sun from 1pm

### **Froschkoenig**

Weiserstr. 17, 12049 Berlin → U8 Boddinstraße

Daily 6pm–2am

### **B-Lage**

Mareschstr. 1, 12055 Berlin → S41/42 Sonnenallee  
Sun–Thu 7pm–3am, Fri+Sat 7pm–5am

### **Damensalon**

Reuterstr. 39, 12047 Berlin → U7/U8 Hermannplatz  
Sun–Wed 7pm–3am, Thu–Sat 7pm–6am

### **Ankerklause**

Kottbusser Damm 104, 10967 Berlin → U8 Schönleinstraße  
Mon 4pm–3am, Tu–Sun 10am–3am  
*Very cheap*

## **Shopping**

*Stores are normally open from Monday to Saturday from 10am to 8pm. Supermarkets are generally open from 8am to 8pm, some might be open until later. At night you can buy drinks and snacks at the so-called “Spätis”, small cornershops that can be found all over town. The supermarkets near the HAU are the following:*

### ***Grocery stores in Kreuzberg (area HAU / Festival Center)***

#### **Netto**

Stresemannstr. 52, 10963 Berlin, Mon–Sat 8am–10pm

#### **Edeka**

Friedrichstr. 246, 10969 Berlin, Mon–Sat 7am–10pm

### ***Wholefood shops in Kreuzberg (area HAU / Festival Center)***

#### **Ökotussi**

Großbeerenstr. 11, 10963 Berlin, Mon–Fri 7am–6pm, Sat 9am–2pm

#### **Bio Company**

Friesenstr. 1, 10961 Berlin, Mon–Sat 8am–9pm

**LPG Biomarkt**

Mehringdamm 20–30, 10961 Berlin, Mon–Sat 9am–8pm

**BioBackHaus**

Marheinekeplatz. 15, 10961 Berlin, Mon–Fri 8am–8pm, Sat 8am–6pm

**biobuffet**

Marheinekestr. 15, 10961 Berlin, Mon–Fri 9am–8pm, Sat 8am–6pm

**Landkost**

Yorckstr. 76, 10965 Berlin, Mon–Fri 10am–7.30pm, Sat 9am–4pm

***Grocery stores in Mitte***

*(area Sophiensæle, Volksbühne, Deutsches Theater, St. Elisabeth Kirche)*

**Lidl**

Luisenstr. 52, 10117 Berlin, Mon–Sat 7am–9pm

Deutsches Theater

**Nahkauf**

Rosenthaler Str. 11, 10119 Berlin, Mon–Sat 8am–10pm

Volksbühne, Sophiensæle

**Rewe**

Invalidenstr. 158, 10115 Berlin, Mon–Sat 7am–11pm

St. Elisabeth-Kirche

***Wholefood shops in Mitte***

*(area Sophiensæle, Volksbühne, Deutsches Theater, St. Elisabeth Kirche)*

**Bio Company**

Dircksenstr. 145–147, 10178 Berlin, Mon–Sat 8am–9pm

Sophiensæle

**Alnatura**

Chausseestr. 10, 10115 Berlin, Mon–Sat 8am–9pm

Deutsches Theater, Kirche St. Elisabeth

### **Momos**

Chausseestr. 2, 10115 Berlin, Mon-Sat 12pm-10pm  
Deutsches Theater, Kirche St. Elisabeth

## ***Grocery stores in Neukölln (area KINDL)***

### **Rewe**

Karl-Marx-Str. 92-98, 12043 Berlin, Mon-Sat 7am-10pm

## ***Wholefood shops in Neukölln (area KINDL)***

### **Bio Company**

Hermannstr. 199, 12049 Berlin, Mon-Sat 8am-9pm

### **Mehlwurm Vollkornbäckerei GmbH**

Pannierstr. 2, 12043 Berlin, Mon-Fri 7:30am-7pm, Sat 7:30am-3:30pm  
*Bakery*

## ***Shops open on Sundays***

### **Edeka City-Markt (supermarket)**

S Friedrichstraße

Mon-Fri 6am-10pm, Sat-Sun 8am-10pm

*near Volksbühne / Sophiensæle / Deutsches Theater / St. Elisabeth-Kirche*

### **Rossmann (drugstore)**

S Friedrichstraße, S Alexanderplatz

Mon-Fri 7am-9pm, Sat-Sun 8am-9pm

*near Volksbühne / Sophiensælee / Deutsches Theater / St. Elisabeth-Kirche*

### **REWE & LIDL (supermarket)**

S Ostbahnhof

Daily 7am-12pm

*near Radialsystem*

# ***Weekly Markets***

## **Farmer's markets**

One of the largest food markets can be found at Winterfeldtplatz in the Schöneberg area. It is open on Wednesdays and Saturdays from 8am–2pm. U1/2/3/4 Nollendorfplatz or Bus 119 and M19.

**The Turkish Market** in Kreuzberg (Maybachufer) is a great place to get fresh vegetables, fruit, spices and fabric. It takes place on Tuesdays and Fridays from 11am–6.30pm. U1/U8 Kottbusser Tor, U8 Schönleinstraße

**The market at Chamissoplatz** is an organic food market and takes place every Saturday from 9am–3pm.

## ***Flea Markets***

### **Mauerpark**

Biggest flea market in Berlin.

→U8 Bernauer Straße, U2 Eberswalder Straße

Sun 9am–6pm

### **Boxhagener Platz**

Find things from GDR memorabilia to old vinyls, from furniture to clothes.

→U5 Frankfurter Tor, M10 Grünberger Straße/Warschauer Straße

Sun 10am–6pm

### **Nowkoelln Flowmarkt**

Looking for clothes to other hip goodies, combined with a walk along the canal?

Takes place every other Sunday a month, in rotation with Kreuzberg Flowmarkt.

Maybachufer / Neukölln →U8 Schönleinstraße

### **Kreuzberg Flowmarkt**

Relax and shop in the “green lung” of Kreuzberg. Takes place every other Sunday a month, in rotation with Nowkoelln Flowmarkt

Prinzenstr. 35–38, 10969 Berlin →U8 Moritzplatz

# Culture

To find out what is on during your stay in Berlin you can consult the following magazines:

**www.askhelmut.com** knows what's hot

**www.timeout.com/berlin** a great English guide

**www.residentadvisor.net** nightlife guide

**Exberliner** magazine in English about what is going on in the city

**TIP** published every other week on Wednesdays, 2,50 Euro

**ZITTY** published every week on Wednesdays, 2 Euro (alternates with Tip)

## *Museums / Galleries*

### **Alte Nationalgalerie**

Bodestr. 1–3, Museumsinsel, 10178 Berlin →S3/S5/S9 Hackescher Markt  
Daily 10am–6pm, Thursdays till 8pm, 12/6 Euro

### **C/O Berlin – Museum for photography**

Hardenbergstr. 22–24, 10623 Berlin →U9/12, S5/7/75 Zoologischer Garten  
Daily 11am–8pm, 10/6 Euro

### **Deutsches Historisches Museum**

Hinter dem Gießhaus 3, 10117 Berlin →U6/S3/S5/S9 Friedrichstraße  
Daily 10am–6pm, 8/4 Euro  
*Museum for German history, famous for its architecture.*

### **Jüdisches Museum (Jewish Museum)**

Lindenstr. 9–14, Kreuzberg →U6 Hallesches Tor  
Daily 10am–8pm, Mon till 10pm, 8/3 Euro  
*The building is very famous for its architecture, it was designed by the architect Daniel Libeskind.*

### **Berlinische Galerie (Contemporary Art, Photography, Architecture)**

Alte Jakobstr. 124–128, 10969 Berlin →U6 Kochstraße/Checkpoint Charlie  
Wed–Mon 10am–6pm, Tue closed, 8/5 Euro

### **Hamburger Bahnhof/Museum für Gegenwart Berlin**

Invalidenstr. 50–51, 10557 Berlin →U55, S5/7/75 Hauptbahnhof  
Tue–Sat 10am–6pm, Sun 11am–6pm, 14/7 Euro

### **Martin Gropius Bau**

Niederkirchnerstr. 7, 10963 Berlin →U2/S1/S2 Postdamer Platz

Wed–Mon 10am–7pm, 5–11 Euro

*Changing exhibitions of famous artists, film makers and others.*

### **Museum für Fotografie: Helmut Newton Stiftung**

Ehemaliges Landwehr/Casino, Jebenstr. 2, 10623 Berlin →U9/12, S5/7/75

Zoologischer Garten

Tue–Sun 11am–7pm, Thu till 8pm, 10/5 Euro

### **Pergamonmuseum**

Museumsinsel, Bodestr. 1–3, 10178 Berlin →U6/S3/S5/S9 Friedrichstraße,

Mon–Sun 10am–6pm, Thu till 8pm, 12/6 Euro

*This museum has one of the most famous collections of Middle-Eastern art after the Louvre and the British Museum.*

**MD hotline:** 030 283 97 444

**Information in English about Berlin museums, exhibitions and guided tours:**

Mon–Fri 9am–4pm, Sat–Sun 9am–1pm.

## **Cinema**

*Open Air*

### **Freiluftkino Friedrichshain**

Volkspark Friedrichshain, Entrance Hospital →Tram 7, 20, 27

Tel: + 49 (0)30 29 36 16 29

[www.freiluftkino-berlin.de](http://www.freiluftkino-berlin.de)

### **Freiluftkino Kreuzberg**

Mariannenplatz 2 →U1 Görlitzer Bahnhof

Tel: + 49 (0)30 293 61 628

[www.freiluftkino-kreuzberg.de](http://www.freiluftkino-kreuzberg.de)

### **Freiluftkino Hasenheide**

Volkspark Hasenheide →U7/U8 Hermannplatz

Tel: + 49 (0)30 283 46 03

[www.freiluftkino-hasenheide.de](http://www.freiluftkino-hasenheide.de)



*Cinemas showing films original version*

### **Babylon**

Rosa-Luxemburg-Straße 30, 10178 Berlin →U1/U8 Kottbusser Tor  
Tel: + 49 (0)30 24 25 969  
[www.babylonberlin.de](http://www.babylonberlin.de)

### **Hackesche Höfe**

Rosenthaler Str. 40/41, 10178 Berlin →S5/7/75 Hackescher Markt,  
U8 Weinmeisterstr.  
Tel: + 49 (0)30 283 46 03  
[www.hoefekino.de](http://www.hoefekino.de)

### **International**

Karl-Marx Allee 33 →U5 Schillingstraße  
Tel: + 49 (0)30 24 75 60 11  
*Old GDR-style cinema.*  
[www.kino-international.com](http://www.kino-international.com)

### **Sputnik Kino am Südsterne**

Hasenheide 54, 10967 Berlin-Kreuzberg →U7 Südsterne, N7, M41 Körtestraße  
*Highest cinema of Berlin.*  
[www.sputnik-kino.com](http://www.sputnik-kino.com)

### **Arsenal – Institut für Film und Videokunst e.V.**

Potsdamer Str. 2, 10785 Berlin →U2/5 Potsdamer Platz  
Tel: + 49 (0)30 26 06 64 00  
[www.arsenal-berlin.de](http://www.arsenal-berlin.de)

### **Rollberg Kino**

Rollbergstr. 70, 12049 Berlin →U8 Boddinstraße  
[www.yorck.de](http://www.yorck.de)

# Going Out

*Berlin has an infinite array of clubs and bars, here are just a few of them:*

## **Berghain/Panorama Bar**

Am Wriezener Bahnhof, 10243 Berlin →S5/7/75 Ostbahnhof  
*Open mostly at the weekend, consult the website for specials.*

## **Ritter Butzke**

Ritterstr. 24, 10969 Berlin →U8 Moritzplatz  
Fri-Sat from 12pm.

## **ACUD MACHT NEU**

Veteranenstr. 21, 10119 Berlin →U8 Rosenthaler Platz  
*Club, Concert, Gallery*

## **Sisyphos**

Hauptstr. 15, 10317 Berlin →S7 Ostkreuz  
*20 min walk from Ostkreuz / outside area*

## **Else**

An den Treptowers 10 →S41/42 Treptower Park  
*Open air club*

## **Club der Visionäre**

Am Flutgraben 1, 12435 Berlin →U1/3 Schlesisches Tor

## **About blank**

Markgrafendamm 24c, 10245 Berlin →S7 Ostkreuz

## **Zur wilden Renate**

Stralau 70, 10245 Berlin →S41/42 Treptower Park

## **Hoppetosse**

Eichenstraße 4, 12435 Berlin →S41/42 Treptower Park, U1/3 Schlesisches Tor

## **Bar Tausend**

Schiffbauerdamm 11 →S7, U6 Friedrichstraße  
*Dress fancy*

**Farbfernseher**

Skalitzer Str. 114, 10999 Berlin →U1/3/8 Kottbusser Tor

**Möbel Olfe**

Reichenberger Str. 177, 10999 Berlin →U1/3/8 Kottbusser Tor

**KaterBlau**

Holzmarktstr. 25, 10243 Berlin →S5/7/75, U8 Jannowitzbrücke

# Body

## *Yoga*

### **Sun Yoga Kreuzberg**

Mehringdamm 33, 10961 Berlin →U6/U7 Mehringdamm  
Tel + 49 (0)30 695 655 22

### **Yellow Yoga**

Mariannenstr. 48, 10997 Berlin →U1/U8 Kottbusser Tor

### **Yoga Sky**

Am Tempelhofer Berg 7D, 10965 Berlin →U6 Platz der Luftbrücke  
Tel + 49 (0)30 695 05 224

## *Massage*

### **SYOGRA Jade-Massage**

Großbeerenstr. 10, 10963 Berlin →U7 Möckernbrücke

### **Elixia Vitalclub**

Hasenheide 109, 10117 Berlin →U7/8 Hermannplatz  
Tel + 49 (0)30 627258 10

### **Ananda Ayurveda**

Mittenwalder Str. 18, 10961 Berlin →U7 Gneisenaustraße

## *Saunas, Spas and Turkish Baths*

### **SAUNABAD**

Rykestr. 10, 10405 Berlin →U2 Senefelder Platz  
Mon–Sat 6pm–12am, Sun 3pm–12am 14 Euro (Happy Monday: 12 Euro)

### **Liquidrom**

Möckernstr. 10, 10963 Berlin →U7 Möckernbrücke/S1 Anhalter Bhf  
Mon–Sat 9am–12am, Sun 9am–1am  
An impressive wellness area. 2 h for 19,50 Euro, 4 h for 24,50 Euro

### **HAMAM (Frauenzentrum Schokoladenfabrik e.V.)**

Mariannenstr. 6, 10997 Berlin →U1 Görlitzer Bahnhof

3 h for 18 Euro

*only for women*

### **Vabali Spa**

Seydlitzstr. 6, 10557 Berlin →Bus 120/123 Seydlitzstraße

2 h for 21,50 Euro, 4 h for 28,50 Euro

## **Swimming Pools**

*There are many swimming pools in Berlin. To find the pool that suites you most, check out [www.berlinerbaederbetriebe.de](http://www.berlinerbaederbetriebe.de).*

### **Swimming pools in Kreuzberg**

#### **Sommerbad Kreuzberg (Open air)**

Prinzenstr. 113–119, 12105 Berlin →U1 Prinzenstraße

Mon–Sun 7am–8pm, Tel + 49 (0)30 616 10 80

#### **Bad am Spreewaldplatz**

Wiener Str. 59h, 10999 Berlin →U1 Görlitzer Bahnhof

Tue–Sun 10am–7pm, Tel + 49 (0)30 69 53 52 0

## **Nature**

*There are lots of parks, woods and lakes one can explore in and around Berlin, here's just a small selection:*

## **Parks**

### **Tiergarten**

Straße des 17. Juni 1 →S 5/7/75/9 Tiergarten

### **Viktoriapark**

Kreuzbergstr. 62, 10965 Berlin →U6/7 Mehringdamm

*With a lovely café and restaurant, "Vereinszimmer", on Kreuzbergstr. 15*

### **Mauerpark**

Eberswalder Str. 35, 10437 Berlin →U2 Eberswalder Straße, M10 Friedrich-Ludwig-Jahn  
*Sportpark*

### **Görlitzer Park**

Wiener Str. 50, 10997 Berlin →U1 Görlitzer Bahnhof

### **Volkspark Friedrichshain**

Platz der Vereinten Nationen →M10 Landsberger Alle/Petersburger Straße

### **Tempelhofer Feld**

U8 Boddinstr. →S41/42 Tempelhof  
*Old Airport converted to an open space for everyone*

## **Lakes**

### **Wannsee**

→S1/7 Wannsee  
Entrance 4 Euro/2,50 Euro.  
*Berlin's most famous lake.*

### **Seebadeanstalt am Weißensee**

Indira-Ghandi-Str. 173, 13088 Berlin →M 4/12/13 Berliner Allee

### **Schlachtensee**

S1 Schlachtensee

### **Krumme Lanke**

Fischerhüttenstr. 141, 14163 Berlin →U1 Krumme Lanke

### **Kleiner Müggelsee**

Gosener Damm 1 →Bus X69 Odernheimerstraße

# Venues

## HAU1

**Stresemannstraße 29**

**10963 Berlin**

U Möckernbrücke | U Hallesches Tor | S Anhalter Bahnhof

## HAU2

**Hallesches Ufer 32**

**10963 Berlin**

U Möckernbrücke | U Hallesches Tor | S Anhalter Bahnhof

## HAU3

**Tempelhofer Ufer 10**

**10963 Berlin**

U Möckernbrücke | U Hallesches Tor

**Akademie der Künste**

**Hanseatenweg 10**

**10557 Berlin**

U Hansaplatz | S Bellevue

**Akademie der Künste**

**Pariser Platz 4**

**10117 Berlin**

U+S Brandenburger Tor

**Deutsches Theater Berlin**

**Schumannstraße 13A**

**10117 Berlin**

U Oranienburger Tor | S Friedrichstraße

**KINDL – Zentrum für**

**zeitgenössische Kunst**

**Am Sudhaus 3**

**12053 Berlin**

U Boddinstraße | U Rathaus Neukölln

**Radialsystem**

**Holzmarktstraße 33**

**10243 Berlin**

S Ostbahnhof

**SOPHIENSÆLE**

**Sophienstraße 18**

**10178 Berlin**

U Weinmeisterstraße | S Hackescher Markt

**St. Elisabeth-Kirche**

**Invalidenstraße 3**

**10115 Berlin**

U Rosenthaler Platz | S Nordbahnhof

**Volksbühne Berlin**

**Rosa-Luxemburg-Platz**

**10178 Berlin**

U Rosa-Luxemburg-Platz | S Alexanderplatz

# Festivalcenter

**HAU2 | Bibliothek im August | Infocounter |**

**Tageskasse | WAU**

**Hallesches Ufer 32**

**10963 Berlin**

U Möckernbrücke | U Hallesches Tor | S Anhalter Bahnhof

